



## EXPERIENCE DESCRIPTION

### *Walk in the Footsteps of Brian Ború whilst taking in breathtaking landscapes on a 20km Heritage Walk*

Step back in time and immerse yourself in the rich history and scenic beauty of East Clare exploring the route from **Ballycuggaran to St. Cronan's Church, Tuamgraney**.

Your journey begins at **Ballycuggaran**, once the homeland of the O'Cuggarans — an influential family at the court of the legendary High King **Brian Ború**. From there, follow the peaceful trails of the **East Clare Way**, surrounded by rolling hills, shimmering lake views, and the tranquil charm of the Irish countryside.

Arriving at **St. Cronan's Church**, step through the **1,000-year-old doorway** that Brian Ború himself once passed through and enjoy the captivating **audio-visual presentation** that brings the story and the heritage of Tuamgraney to life.

Afterwards, relax and savour some local **handcrafted chocolate treats from Wilde Irish Chocolates** — the perfect way to sweeten your adventure, before a **shuttle bus returns you to the starting point** (a 15-minute drive).

As a social enterprise, we are a volunteer led business.  
By walking with us you are contributing to the future maintenance of the trails of East Clare.  
All monies raised are invested back into our organisation.



*Uncover history, landscape, and legends — one step at a time.*

**Experience Highlights**

- **Walk with a Local Guide** – Discover hidden stories of East Clare with a knowledgeable local guide, including the fascinating tale of High King **Brian Ború** and the legends that shaped the region.
- **History & Heritage** – Journey through centuries of history as you explore historic landscapes, hear about medieval Ireland, and discover the heritage and traditions that define East Clare.
- **Stunning Scenery** – Enjoy breathtaking views of lakes, rolling hills and unspoilt countryside along a scenic walking route. 🌿
- **Nature & Biodiversity** – Experience the richness of the local landscape as your guide shares insights into native wildlife, plants and the natural ecosystems of the area.
- **Taste Local Flavours** – Visit **Wilde Irish Chocolates**, a renowned local chocolatier, and relax with coffee and delicious handmade chocolates. ☕🍫
- **Hassle-Free Return** – A comfortable shuttle bus brings you back to the starting point, allowing you to simply enjoy the walk and the experience.
- **Support a Social Enterprise** – By joining the walk, you support a volunteer-led, not-for-profit organisation that creates local employment and strengthens the community.

Experience	Short Description	Experience Type	Min/Max	Duration	Public Price Per Person
<b>The East Clare Ború Walk</b>	Step back in time and immerse yourself in the rich history and scenic beauty of East Clare as you trace the footsteps of Brian Ború exploring the route from <b>Ballycuggaran to St. Cronan’s Church, Tuamgraney.</b>	Guided tour – booking upon request	6 to 25 people	Full day experience (5 – 6 hours)	€49.50 per person (Plus Booking Fee)

**Booking & Cancellations:**

- The minimum group size for this booking is 6 adults. The maximum group size per booking is 25.
- Booking must be made at least 2 weeks in advance, and all bookings are subject to availability of walking guides.
- Full payment must be made at time of confirmation of booking. This will secure your booking.
- Cancellation must be made 24 hours before the start date/time of the walk. This will ensure a full refund. In the event of a cancellation 24 hours before the start time of the walk, only a 50% refund will be offered.
- In the event of a weather warning issued by MET Eireann, the walk will be cancelled. The group will be offered a different date or a full refund.




**Important Information:**

- Please bring a packed lunch and plenty of fluids.
- This walk is graded as Moderate/Strenuous - it has some steep climbs and may have an uneven surface where the going is rough underfoot with some obstacles such as protruding roots, rocks, etc.
- The walk is appropriate for people with a moderate level of fitness and some walking experience.
- Walking/hiking boots with good ankle support are recommended.
- Please dress for the weather, i.e. waterproof clothing, hat, sunscreen, sunglasses, etc. It is advisable to bring a change of clothes and shoes.

**Did you know?**

County Clare is the first county in Ireland to be certified as a sustainable tourism destination by the Global Sustainable Tourism Council (GSTC) in April 2025. This ensures that our experiences are rooted in the landscape and culture.

## IMPORTANT INFORMATION

<p><b>Contact Information</b></p>	<p>Clare Walks Ltd  <a href="mailto:info@clarewalks.ie">info@clarewalks.ie</a>  <a href="http://www.clarewalks.ie">www.clarewalks.ie</a>                      T: 065 683 5912                      M: 086 358 6293</p>	
<p><b>Dates</b></p>	<p>Seasonally April to September</p>	
<p><b>Location</b></p>	<p>Start point: Ballycuggaran Blue Flag Beach, Killaloe (V94 3V52)                      Finish point: St. Conan's Church, Tuamgraney</p>	
<p><b>Parking</b></p>	<p>Free parking at start points.                      For local public transport check out <a href="https://www.localinklc.ie/clare-routes/">https://www.localinklc.ie/clare-routes/</a></p>	
<p><b>Our Sustainable Ethos</b></p>	<p>Clare Walks Ltd is a not-for-profit, volunteer-led organisation dedicated to sharing the natural beauty, biodiversity, and landscapes of County Clare through guided walks. Our experiences follow a strict <b>Leave No Trace</b> policy and promote walking as a low-carbon way to enjoy the outdoors. By supporting local employment and collaborating with other local businesses, we aim to create meaningful outdoor experiences that benefit both the environment and the community.</p>	
<p><b>Accessibility</b></p>	<p>Moderate walk which can have Strenuous sections.                      The walk is appropriate for people with a moderate level of fitness and walking experience.                       For more accessible guided walks, please feel free to get in touch and we can create a bespoke walking experience for you!</p>	



**The East Clare Way** is a 172km circular route that crosses the Slieve Bernagh Mountains before descending to the Clare lakeland areas around Tulla and Feakle. Circling Lough Graney, the route then climbs again over the rugged boglands of the Slieve Aughty Mountain back towards Lough Derg. The Way returns through the hills towards Scarriff and on to complete its circuit back at Killaloe. For the more casual walker, there are many well-signposted local loop walks of varying length centred on some of the towns and villages along the route.

**Distance:** approximately 172km in length.

**Ascent:** ascends some 3,000 metres (10,000 feet).

**Estimated time:** it can be comfortably walked in eight days with stage lengths ranging from twenty to thirty kilometres.

**Grade:** easy to moderate.

**Terrain:** steep climb approaching Kilbane.

**Trailheads:** located at: Killaloe, Broadford, O'Callaghan's Mills, Tulla, Feakle, Flagmount, Whitegate, Mountshannon, and Scarriff.