



## Biddy Early Experience

Step into the magical world of **Biddy Early**, the legendary wise woman of County Clare, whose herbal knowledge and healing powers became the stuff of folklore across Ireland.

On this unique and engaging experience, guests will hear captivating stories about Biddy Early's life, her connection with nature, and the myths that surround her famous blue bottle. Through storytelling and folklore, your guide will bring to life the traditions of Irish herbal wisdom and the role of wise women in rural communities.

After the stories, guests will take part in a **hands-on herbal tea workshop, (OR herbal mocktail making workshop)** where you will learn about traditional herbs and plants once used in Irish folk remedies. Blending your own herbal tea, you'll discover how natural ingredients can create soothing, flavourful infusions inspired by Ireland's herbal traditions.

Perfect for **hen parties, girls' weekends, and groups looking for a fun and memorable cultural experience**, this relaxed and interactive workshop combines storytelling, folklore and a taste of traditional Irish herbal knowledge.

Guests will leave with new skills, plenty of laughs, and a deeper appreciation for one of Clare's most fascinating characters.

### **Experience Highlights**

- Hear the fascinating story of **Biddy Early – the Wise Woman of Clare**
- Enjoy traditional Irish storytelling and folklore
- Learn about herbs traditionally used in Irish folk remedies
- Take part in a **hands-on herbal tea blending workshop**
- Relax, chat and enjoy your own freshly blended herbal tea
- Perfect for **hen parties, girls' weekends and group celebrations** 🌿 ☕
- A fun, cultural and memorable experience rooted in local heritage



## Important Information

Contact Information	Clare Walks Ltd <a href="mailto:info@clarewalks.ie">info@clarewalks.ie</a> <a href="http://www.clarewalks.ie">www.clarewalks.ie</a> T: 065 683 5912 M: 086 358 6293		
Dates	All year round (subject to availability)		
Locations	Delivered at your base or at a nearby venue for maximum comfort and convenience.		
Our Sustainable Ethos	Clare Walks Ltd is a not-for-profit, volunteer-led organisation dedicated to sharing the natural beauty, biodiversity, and landscapes of County Clare through guided walks. Our experiences follow a strict <b>Leave No Trace</b> policy and promote walking as a low-carbon way to enjoy the outdoors. By supporting local employment and collaborating with other local businesses, we aim to create meaningful outdoor experiences that benefit both the environment and the community.		

Experience	Short Description	Experience Type	Min/Max	Duration	Public Price Per Person
<b>Biddy Early's Herbal Escape</b>	Step into the world of <b>Biddy Early</b> , Clare's legendary Wise Woman! Hear magical stories, blend your own herbal tea, and enjoy a hands-on taste of Ireland's folklore. Perfect for hen parties or a girls' weekend full of laughter, stories, and fragrant creations. 🌿 ☕	Guided tour – booking upon request	10 to 25 people	2 – 3 hours	€29.50 per person (plus Booking Fee)

### Booking & Cancellations:

- The minimum group size for this booking is 10 adults. The maximum group size per booking is 25.
- Booking must be made at least 2 weeks in advance, and all bookings are subject to availability.
- Full payment must be made at time of confirmation of booking. This will secure your booking.
- Cancellation must be made 24 hours before the start date/time of the event. This will ensure a full refund. In the event of a cancellation 24 hours before the start time of the event, only a 50% refund will be offered.